



# *innergize!*®

natural **lemon flavor** dietary supplement

US patent  
5,294,606

## Supplement Facts

Serving Size: 1 Scoop (19 g)

Servings Per Container 28

|                                      | Amount per Serving | % Daily Value |
|--------------------------------------|--------------------|---------------|
| Calories                             | 70                 |               |
| Total Carbohydrate:                  | 17 g               | 6%†           |
| Sugars:                              | 14 g               | *             |
| Vitamin A<br>(100% as Beta Carotene) | 300 IU             | 10%           |
| Vitamin C                            | 60 mg              | 100%          |
| Calcium                              | 100 mg             | 10%           |
| Magnesium                            | 40 mg              | 10%           |
| Zinc                                 | 4 mg               | 25%           |
| Chromium**                           | 50 mcg             | 40%           |
| Sodium:                              | 50 mg              | 2%            |
| Potassium:                           | 60 mg              | 2%            |

†Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Values not established.

**Other Ingredients:** Fructose, Maltodextrin, Citric Acid, Potassium Citrate, Natural Flavor, Tricalcium Phosphate, Sodium Chloride, Magnesium Oxide, Ascorbic Acid, Beta Carotene, L-Glutamine, L-Carnitine, OptiZinc® Brand of Zinc Monomethionine, \*\*ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.